

10 Tips For Working Moms to Increase Productivity:

1. MAKE YOURSELF A PRIORITY
2. READ SOMETHING INSPIRATIONAL DAILY
3. BRAIN DUMP
4. DE-CLUTTER
5. TAKE A SOCIAL MEDIA/ CELL PHONE BREAK
6. LET GO OF PERFECTIONISM
7. TAKE TIME FOR YOGA/ STRETCHING
8. SHARE GRATITUDE
9. ENJOY FAMILY TIME, UNINTERRUPTED
10. PLAN AHEAD- USE A CALENDAR

